

COMMONWEALTH OF KENTUCKY
CABINET FOR HEALTH AND FAMILY SERVICES
DEPARTMENT FOR MEDICAID SERVICES

IN RE: PHARMACY TAC

March 5, 2019
9:30 A.M.
Department for Medicaid Services
Commissioner's Conference Room
275 East Main Street
Frankfort, Kentucky

APPEARANCES

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CHAIR

Christopher Betz
Cynthia J. Gray
Paula Miller
Robert Warford
(appearing telephonically)
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PASSPORT PHARMACY RESIDENT

Candace McQueen
WELLCARE STUDENT

AGENDA

1. Call to Order, Welcome & Introductions
2. Approval of Minutes/Report from the January 8, 2019 PTAC meeting
3. Additional Discussion Topics/Reports/Action Items
 - * Roundtable report out on current state of affairs
 - * Department of Medicaid
 - Options for pharmacy immunization coverage via prescription for children <9
 - Update on 1115 Waiver and implications for pharmacies and providers
 - Senate Bill 5 data report release update
 - * Aetna Better Health of Kentucky
 - * Anthem Blue Cross Blue Shield
 - * Humana-CareSource
 - * WellCare of Kentucky
 - * PTAC Committee members
4. Follow-up on previous agenda items
 - * Potential pilot programs to improve outcomes
 - * Improving quality of care by leveraging pharmacists in Kentucky
 - * Pharmacists as providers
5. New Business/Take-aways
6. Reports and recommendations from the PTAC to the MAC
7. Other Business
8. PTAC member nominations from KPhA
9. Next Steps
 - * Next MAC meeting - March 25, 2019
 - * Next PTAC meeting - May 21, 2019
10. Adjourn

1 DR. FRANCIS: We will go ahead
2 and get started here. It's 9:32. So, let's go ahead
3 and introduce ourselves.

4 (INTRODUCTIONS)

5 COMMISSIONER STECKEL: If any
6 of the residents or students would like to do an
7 internship at Medicaid, we would love to have them.
8 Just an FYI.

9 DR. FRANCIS: I'm sure that
10 Sullivan or UK would be able to work with that.

11 COMMISSIONER STECKEL: In all
12 seriousness, we would love that. So, if we could
13 just get together and talk about it, we would love to
14 do it.

15 And Jessin Joseph, our Pharm.D
16 pharmacist, is in class today, unfortunately, but
17 that will be ending soon and he will be able to be at
18 these meetings in the future.

19 DR. FRANCIS: Okay, and Jessin
20 probably could work with the University of Kentucky
21 to set up we call them an API experience and I'm sure
22 Chris could do that, too.

23 COMMISSIONER STECKEL: That's
24 excellent.

25 DR. FRANCIS: Okay. So, first

1 I wanted to go over - I don't think you have a
2 printed copy but everyone was emailed the January 8th
3 minutes and report to the MAC. I have them pulled up
4 here if there are any questions but does anyone have
5 any additions or a motion for approval?

6 MS. GRAY: I make a motion to
7 approve.

8 MS. MILLER: I'll second.

9 DR. FRANCIS: So, Cindy and
10 Paula motioned and seconded for the approval of the
11 January 8th minutes.

12 So, now I guess we wanted to
13 get into there's been a lot of updates in the last
14 two months, I think, not to put you on the spot,
15 Commissioner.

16 We usually go through current
17 state of affairs, and I know that there's been a lot
18 happening with the Department. So, I thought we'd
19 give you a chance to just update what you feel is
20 most relevant for the Pharmacy TAC, and, then, if we
21 have any questions, we can add to that.

22 COMMISSIONER STECKEL: Okay.
23 Wonderful, and most of it is things that you have
24 identified already.

25 I'll start with the SB 5 data

1 report. We did meet with both the MCOs and the
2 independent pharmacists, many of you in this room
3 before the release of the report. And, then, we
4 started having meetings with legislators and there's
5 been one hearing before one of the legislative
6 committees. And I would tell you which one it was if
7 I could remember but we've been in full-blown
8 legislative mode lately.

9 MS. HUGHES: I remember it but
10 I can't----

11 COMMISSIONER STECKEL: Banking
12 or, no, Revenue----

13 MS. HUGHES: Appropriations and
14 Revenue I think is what it was.

15 COMMISSIONER STECKEL: Yes, but
16 the bottom line is it went very, very well. They
17 were very receptive. I think - and this may be my
18 wishful thinking - but I think they were pleased with
19 the depth of the data, even though it was just the
20 beginning of what we're looking to do.

21 So, we're now moving into stage
22 two and that's implementing the recommendations that
23 are in the report and then looking at some other
24 issues.

25 One of the things I'd like to

1 bring up to this group and ask your help for is the
2 issue of the DIR's, the post point-of-sale
3 adjustments. We need some help understanding those
4 better because I know there have been several
5 pharmacies that we've gotten notice lately that are
6 closing and they've attributed it to those
7 adjustments and we recognize it as a problem, and as
8 you saw in our recommendations, we'd like to
9 eliminate them.

10 Here is the ask of you all. We
11 would like to - and Jessin and Doug Oiler will be the
12 two that would do this - we would like to sit down
13 with independent pharmacists and actually go through
14 not your records but go through I guess your records
15 and look at those and see what they are and be able
16 to, in all confidentiality - we would keep it
17 confidential - but to better understand the scope of
18 those post point-of-sale adjustments. How do they
19 relate back to the contracts, how do they make those
20 adjustments?

21 We think we've got a good idea,
22 thanks to you all, but we'd like to delve deeper into
23 that so that when we implement the restriction, we're
24 trying to close off all the right doors because, as
25 you all know and live and breathe, the PBM's are

1 going to think of some other thing to call it than
2 what they originally were supposed to be calling it.

3 DR. FRANCIS: Would you like me
4 to put together a meeting with a representative of
5 that or would you like KPhA to----

6 COMMISSIONER STECKEL: I think
7 probably KPhA and it would be one-on-one because we
8 really do want to honor the confidentiality and the
9 proprietary nature.

10 Now, if someone doesn't mind us
11 releasing that information, then, I think it's
12 illustrative, but for us, we just need to know more.
13 We need to understand it better in order to both
14 implement the recommendation and to be aware of how
15 we can----

16 MR. CLASPER: I was going to
17 say, we have several members who would be more than
18 happy to do that.

19 MS. HUGHES: I think you've got
20 a volunteer.

21 MR. PALUTIS: I sent Jessin a
22 bunch of information when he had requested out to one
23 of our meetings and it listed all kinds of fees that
24 come to us on the back end, and I would be more than
25 happy to have him at my pharmacy. Now, I obviously

1 am not going to be able to show him patient-specific
2 stuff but there is so many----

3 COMMISSIONER STECKEL: Sure.
4 Well, actually, if they're Medicaid patients, you
5 can.

6 MR. PALUTIS: Well, correct.

7 COMMISSIONER STECKEL: But I
8 understand.

9 MR. PALUTIS: Right, correct,
10 but there are reporting systems that we have that
11 show us these fees. And, unfortunately, the PBM's
12 are so - I'm trying to think of a politically correct
13 word to use - they've very savvy in how they send
14 these fees down, and Jessin will understand what I
15 mean when I show him what we get to look at.

16 I can explain to you what a
17 generic effective rate is and it's a very, very
18 convoluted way to kind of pay somebody for their
19 services. I can do that if you want or I can just
20 explain it to Jessin when we meet and I'd be more
21 than happy to one-on-one.

22 But essentially we get paid a
23 point-of-sale based on MAC, or even for a generic
24 drug, a lot of times with generic drugs, when they
25 first get released, they don't have a MAC, so, we get

1 reimbursed off of AWP or MAC for a generic product.

2 Let's just say we fill that
3 prescription in February. At the end of the year,
4 the PBM says, well, you were not on a MAC fee
5 schedule. You're on a generic effective rate
6 schedule which means we're going to peanut butter
7 spread your reimbursement with your pharmacy with all
8 of your plans with all the other PSAO pharmacies and
9 bring everybody down to an AWP minus a certain
10 percent.

11 And, so, they don't even come
12 back to us and say this prescription number costs you
13 this much money for a generic effective rate. They
14 just say you owe us money and we're going to take it
15 out of your future reimbursement. That's one piece.

16 Another piece, now, the DIR
17 fees and all those other things, my understanding is
18 that they apply to Medicare claims.

19 So, that really doesn't affect
20 Medicaid, but it is our understanding that we have
21 found out recently that a lot of our contracts,
22 Caremark in particular, has been on generic effective
23 rate for quite some time.

24 And, so, you don't see all
25 those back-end fees. And I'll show Jessin where they

1 show up and they're substantial.

2 COMMISSIONER STECKEL: Okay.

3 And that's what we need to understand better. We
4 understand the concept and are able to explain it
5 very similar to how you did, but to really understand
6 it in detail and be able to - and I would say this if
7 they were in the room, if there are any PBM's in the
8 room, but it's just like a lot of other providers.

9 We have to make sure when we
10 squeeze the balloon, we're watching it pop up here.
11 So, the more we understand it, plus this is one of
12 the issues we identified, if not the number one
13 issue, very close to it.

14 And, so, we want to make sure
15 before we rush into what we think is the solution,
16 that we completely, fully understand the scope of it
17 and understand at your level what we're talking
18 about. So, it would be extremely helpful.

19 MR. PALUTIS: Right. I would
20 be happy to do it.

21 One thing I have to confirm
22 first is that the GER calculations are already
23 completed. Last we checked, we've been told that
24 they haven't been finalized yet for 2018.

25 COMMISSIONER STECKEL: Okay.

1 MR. PALUTIS: Now, as you can
2 imagine, we're already into 2019. We don't even know
3 if we're going to owe money, get more money. We kind
4 of just, you know, are kind of like this, but I'll
5 try to find out as best I can because, then, that
6 will substantially change even what is already pretty
7 substantial fees taken out of the back end.

8 COMMISSIONER STECKEL: Perfect.

9 MR. CLASPER: Commissioner
10 Steckel, roughly how many members would you like to
11 talk to?

12 COMMISSIONER STECKEL: I would
13 say five'ish. Let's do that and then see if they
14 need more. And we may split them up where Jessin
15 does some and Doug does others.

16 DR. FRANCIS: I thank you for
17 that because, as I was speaking with Paula, we in
18 Northern Kentucky recently had a pharmacy close
19 Thursday and it's exactly the DIR and the generic
20 effective rate is exactly what we were discussing.

21 So, I think we owe it to our
22 Commonwealth to really understand that better, not
23 just for the business of pharmacies but for patient
24 health.

25 I know many people that have

1 reached out to me going where should I go, where
2 should I get my medicine and things like that. So, I
3 appreciate that.

4 MR. PALUTIS: And I agree.
5 It's not just about saving independent pharmacies.
6 It's about the Commonwealth's money and if the PBM is
7 taking this money back, is it flowing back to
8 Medicaid?

9 COMMISSIONER STECKEL: Well,
10 and that's the other number one issue. So, these are
11 the two critical issues. There are eight
12 recommendations, but the pass-thru versus spread
13 pricing is the first issue and, then, the back-end
14 post-payment point-of-sale adjustments.

15 I am all for contracts that do
16 value-based purchasing. I'm all for incentive-based
17 contracts, but the gotcha garbage is not going to
18 fly.

19 And you all know how powerful
20 the PBM's are and how many lawyers they have. Like I
21 said, I've dealt with more lawyers than statisticians
22 on this report.

23 So, I want to make sure we have
24 all of our ducks in the row, that we are as
25 knowledgeable as we can be. And, then, with the

1 support of the Association and the independent
2 pharmacists or pharmacy, not just the independent
3 pharmacists, then, I think we'll make it through but
4 it helps us to be very informed in this area.

5 MS. HUGHES: Just one thing to
6 help Terri. I know she knows the TAC members by
7 their name tags but everyone else, if you could give
8 her your name when you start until she gets to know
9 everybody because it's her first meeting.

10 COMMISSIONER STECKEL: So, the
11 SB 5, we will continue working on this issue and it
12 will evolve. We will continue to I hope get more -
13 not I hope - we will get more sophisticated on data
14 collection.

15 We are using that report to
16 inform what will go into our contract and the RFP for
17 the new managed care organizations.

18 One of the things with the
19 managed care organizations that we're having to pay
20 attention to is that most of them, if not all of
21 them, are looking at this PBM issue, rightfully so,
22 but bringing it in-house.

23 And in some cases, they've said
24 they're bringing it in-house but it's in
25 collaboration with an existing PBM. In some cases,

1 it's bringing it in-house, but we're trying to make
2 sure we stay at least equal to the knowledge about
3 what does that mean? If an MCO brings a PBM in-
4 house, is it more or less transparent? Do the
5 business practices change?

6 We don't know the answer to
7 those, but we've put that on the table as something
8 that we've got to be sensitive to, aware of and
9 continuing to monitor. So, more to come on SB 5.
10 Any questions on SB 5?

11 DR. WARFORD: Yes, I have a
12 question. This is Bob on the telephone. I wasn't
13 able to make it today but I'm a PTAC Board member.

14 So, what is the State's
15 response to WellCare not turning in any data
16 according to SB 5?

17 COMMISSIONER STECKEL: WellCare
18 did turn in data. The reason you see the zeros on
19 there is that by doing pass-thru reimbursement, they,
20 in essence, they pay the PBM their administrative
21 cost for what they are contracted to provide for
22 WellCare and, then, WellCare pays the pharmacies.

23 DR. WARFORD: And you've
24 matched those two sides? I mean, you have data
25 showing that what was sent to WellCare was passed

1 through? I mean, we have tangible data showing that
2 those numbers are equal?

3 COMMISSIONER STECKEL: Maybe
4 not yet but we will. And I don't mean to be flip
5 about it. So, there are several questions that came
6 up with this data.

7 One is the MLR, how is the MLR
8 allocated, especially for the spread pricing? Do
9 they allocate the difference between administrative
10 costs and medical costs properly into the MLR of the
11 MCO? So, that's one issue.

12 The issue with WellCare is how
13 much were their administrative costs versus their
14 medical costs? So, we're working with WellCare in
15 trying to get to a better understanding of how that
16 works. So, they're being very helpful, very
17 cooperative, but they did provide the information.
18 It's just with the pass-thru, it's a different
19 methodology than the spread pricing.

20 DR. WARFORD: Understood, but
21 do you understand what I'm saying as well?

22 COMMISSIONER STECKEL: I do.

23 DR. WARFORD: I would hope that
24 the State will look at the actual contract as well to
25 see that originally when that was re-signed two years

1 ago or whenever it was, that the actual rate that
2 they're withholding on the pass-thru is actually what
3 they're withholding and not something different.

4 And that's information that as
5 a taxpayer and a pharmacy owner, I would want to make
6 sure that that's the case because I've seen plenty of
7 cases in self-funded employers that I work with
8 directly that that's not the case.

9 I know we're trying to do
10 things that are beneficial here, but my friend
11 actually was the one that owned the pharmacy that
12 closed on Thursday and he has multiple other ones and
13 he's a good business guy. He's very efficient.

14 And pharmacies are closing
15 while we're just kind of sitting around, well, we
16 hope to get more information. We hope to get more
17 data. We hope to get this. I have colleagues that
18 are closing their doors on reimbursement.

19 So, the urgency doesn't seem to
20 be there while the pharmacy once again kind of takes
21 the back seat on this. That's my concern. Thank
22 you.

23 COMMISSIONER STECKEL: Well,
24 and I appreciate that concern, and I'm sorry it feels
25 like we're not taking this seriously but I promise

1 you we are. It is getting a lot of attention and we
2 are doing as much as we can with what we have.

3 Now I've lost my train of
4 thought which is probably part of the problem but we
5 are trying to get that information. We do have the
6 unredacted PBM contracts. So, we're able to look at
7 those.

8 So, we are working on it. We
9 are aware that pharmacies are closing and that's one
10 of the reasons why we wanted to get into the
11 pharmacies and look at the post-payment adjustments
12 to see what they are.

13 We are moving forward on our
14 recommendations. I don't know what more to say. I
15 can't change Medicaid policy overnight. I have to go
16 through the policy attributed to us by the
17 Legislature and the administrative procedures.

18 DR. FRANCIS: Hey, Rob, this is
19 Suzi. As a pharmacy owner and specifically in
20 relation to your question here, is there something
21 that when DMS meets with the individual pharmacy
22 owners that you would suggest them looking at or
23 questions to ask specifically in regard to that topic
24 maybe that would help Commissioner Steckel understand
25 your questioning?

1 DR. WARFORD: Sure. I think
2 there has to be a foundational component on the data
3 that's coming in first and you have to understand
4 what that means to make sure that it's specific to
5 the contract that's been signed. I mean, that has to
6 be first and foremost before you go in and look up
7 the back-end on payments because if you're comparing
8 apples and oranges, it doesn't matter. It's just a
9 shell game.

10 So, you have to make sure the
11 foundational component is correct before you go in
12 and look at the inside as far as reimbursement goes.

13 When I just heard PBM's moving
14 into the MCO world and we've seen that before and
15 that's watching Caremark to do that so they wouldn't
16 have basically (inaudible).

17 MS. HUGHES: Rob, hold on a
18 minute. You're cutting in and out just a little bit.

19 DR. WARFORD: Okay. Sorry.
20 But my point would be that we have to make sure the
21 data comes in and we understand what that data is.
22 That's first before you start looking at
23 reimbursement. You have to know what's coming in.
24 You have to make sure that that lines up
25 contractually and that makes sense before you go in

1 and look at pharmacy.

2 And I can get as many
3 pharmacies as you want to go in and look at them. We
4 have access to hundreds of them in the state. So, we
5 could look at it geographically, demographically,
6 however you want to do it once you understand what
7 you're looking at.

8 But my only point is when I
9 hear MCOs bringing in PBM's, that definitely does not
10 sound like more transparency as a business owner.
11 So, that scares me when I hear that.

12 So, that's all I'm saying and I
13 appreciate your effort on this. That's all.

14 DR. FRANCIS: I think President
15 Palutis has something to say.

16 MR. PALUTIS: I do, if I could
17 just ask a question maybe to Commissioner Steckel
18 and, Rob, you as well, and I appreciate you saying
19 what you said, but would it be unrealistic to Rob if
20 you would reach out to the person who you said is the
21 employer who is providing the benefit for their
22 employee and the pharmacy who can have clean data and
23 just match them up?

24 If WellCare says they paid \$100
25 to the pharmacy, look at the pharmacy's claim for

1 that prescription. Did the employer get charged more
2 or less what--I mean, Rob, if I understood you right,
3 you said you have people who are being charged
4 differently but does that have to do with Medicaid?
5 I'm not really sure. So, that's something different.

6 COMMISSIONER STECKEL: You lost
7 me on that. That may be the Medicare Advantage
8 Programs.

9 MR. PALUTIS: Yes. I think
10 we're comparing two things that are not--we're
11 dealing with Medicaid. I'm sorry.

12 COMMISSIONER STECKEL: But I
13 think, though, Rob, you have a very good point for us
14 to take to heart and that is looking at the contract.
15 What does the contract call for and, then, how does
16 that translate into the independent--into the--and
17 when I say independent pharmacist, into the pharmacy
18 is what I'm saying. So, it could be a retail, but I
19 think you're exactly right on that.

20 For those of us, many of us in
21 this room that have been dealing with health care for
22 many, many, many years, the evolution of health care
23 is always going to be and will continue to be it's
24 just trying to stay ahead of it and make sure and
25 that's why it's on our radar screen is that as PBM's

1 move into managed care companies, what does that
2 mean? Start asking the questions now, make sure that
3 when we have a new contract, it allows us to have
4 more information than we're allowed to have now.

5 So, I can't stop that evolution
6 but I can make sure it's evolving to the benefit of
7 the Medicaid beneficiaries and the people of the
8 Commonwealth as much as I can.

9 DR. FRANCIS: Okay. So, is
10 there a time frame that you would like to have these
11 meetings?

12 COMMISSIONER STECKEL: As soon
13 as possible.

14 DR. FRANCIS: Okay. That
15 sounds good to us.

16 MR. PALUTIS: I'm sorry, but I
17 have one other question about SB 5 before we switch
18 gears, and I'm sorry to keep talking but it's a
19 pretty big thing that's happening.

20 So, there's a lot of discussion
21 around the spread pricing that was flushed out in the
22 data. And the one question that keeps coming up and
23 I think I know the answer to but I'm not sure -
24 that's why I'm asking the question - the 1.4 or so
25 billion that was paid, that's the starting point of

1 those slides and, then, it flushes out the spread
2 pricing, is that the only amount of money that's paid
3 to the MCOs in order to be given to the PBM's or is
4 there like an additional administrative fee?

5 COMMISSIONER STECKEL: That's
6 it.

7 MR. PALUTIS: That's it. So,
8 the spread pricing essentially is everything that the
9 PBM might keep over and above the fees paid to the
10 pharmacies.

11 COMMISSIONER STECKEL: Correct,
12 the \$123 million for 2018. And, so, our next step is
13 to flush out what did we buy with that \$123 million.
14 Did we buy \$23 million worth of profit and \$100
15 million worth of services, and was that \$100 million
16 \$50 million administrative and \$50 million
17 utilization, MAT, other things like that and that's
18 what we're looking at now.

19 MR. PALUTIS: Thank you.

20 COMMISSIONER STECKEL: And I
21 apologize. I know it seems like we're going slow,
22 but I promise you we've got resources assigned to
23 this, and it bothers me personally as much.

24 And I know I don't run a
25 pharmacy, so, I don't have at-risk dollars or

1 emotions, but this has been an issue that's been near
2 and dear to my heart for a very long time. And, so,
3 I am just as eager for us to get this under control
4 as you all are.

5 Tell me what I'm not doing that
6 I could do. You sighed and you rolled your eyes.

7 MS. MILLER: Oh, no, I didn't
8 roll my eyes, no. No, no, no, not at you, no.

9 COMMISSIONER STECKEL: I don't
10 mean to call you out.

11 MS. MILLER: No. I didn't mean
12 to. No, it wasn't that at all. It's just out here
13 and we're in the battlefield and we're trying to
14 serve the patients and we see it every day. And like
15 we're all saying, I don't know how much longer we can
16 do it, and I think that's what Rob is trying to say
17 is there's lots of people on edge. So, no, I was not
18 rolling my eyes.

19 COMMISSIONER STECKEL: Okay. I
20 promise you we're trying.

21 MS. MILLER: I believe you. I
22 believe you.

23 MR. PALUTIS: Commissioner,
24 from KPhA's perspective, I want to sincerely want to
25 thank you for the movement that we've had already.

1 Compared to what we were dealing with in the past,
2 and I'm going to say it even though I'm in the
3 building, but this is like a completely different
4 feeling. And the fact that we're invited to the
5 table and the fact that we're having these open and
6 honest discussions, we can't ask for anything more
7 than that.

8 And, trust me, we all
9 understand. I was in the corporate world before I
10 opened my own pharmacies. I knew what they were
11 going to send you and they sent you exactly what I
12 thought they would send you which was kind of
13 impossible to evaluate, right?

14 COMMISSIONER STECKEL: Yes.

15 MR. PALUTIS: So, I think with
16 the information you've been given, I'm not sure
17 people could ask for much more. I completely and
18 respectfully appreciate that.

19 COMMISSIONER STECKEL: Thank
20 you and we will continue with all the resources that
21 we can throw at this. The good news is very few
22 state Medicaid agencies have people like Jessin
23 Joseph, like Doug, like Michael Schultze with the
24 data analytic group that really can dig into this and
25 know what to ask for and know how to ask for it.

1 So, we're very, very fortunate
2 with that and it's just a matter of working through a
3 Gordian Knot that was tied long before many of us
4 were at this table.

5 MR. PALUTIS: Absolutely.

6 COMMISSIONER STECKEL: But if
7 you have suggestions. And I'm not being trite. This
8 is something that's going to take all of us and it's
9 going to take being frustrated and it's going to take
10 figuring it out and then it changing and figuring
11 that out.

12 So, we are very open to
13 suggestions, and whatever we can do together to solve
14 these problems.

15 One of the data points that
16 we've pointed out in all of our presentations is one
17 of the surprise data points, if you look at the
18 number of prescriptions filled for retail versus
19 independent, they're almost equal, almost equal which
20 the assumption would be that the retail pharmacies
21 fill more. Not in Kentucky.

22 DR. FRANCIS: Not in Kentucky.
23 I completely echo what President Palutis said. I
24 feel your heart in this. So, we're thankful for
25 that. If anybody had the answer, I think we would

1 have presented it by now but at least we can
2 investigate because I think we all want the same
3 thing here at this table. Okay.

4 COMMISSIONER STECKEL: Okay.
5 The 1115 Waiver. We are gearing up for an April 1st
6 implementation. We are waiving the premium for
7 April, so, no one will get a premium invoice in
8 April.

9 The Judge is allegedly going to
10 rule this week, maybe next week or maybe the day
11 before April 1st or maybe April 1st or maybe April
12 30th. So, that is the unknown is what the Judge will
13 do.

14 Because of what happened
15 apparently in July and the horrible snafues that
16 happened in July, we've learned a lot. And, so, we
17 are contingency planning, thus, the no invoices in
18 April.

19 The community engagement
20 component will start in July. So, that is also being
21 put off. Other than that, what other questions do
22 you have about the 1115 Waiver, about Kentucky
23 HEALTH?

24 DR. FRANCIS: I did receive
25 Sharley's email about the monthly updates and I sent

1 it to all of the pharmacy TAC members.

2 MS. HUGHES: The Pulse
3 newsletter.

4 COMMISSIONER STECKEL: Okay.
5 Good. Good.

6 DR. FRANCIS: So, we can sign
7 up for that. Will that be communicated? Is that
8 something we should send out to all pharmacy members
9 to essentially sign up because we'll not have any
10 updates for pharmacists or providers throughout the
11 state in regards to----

12 MS. HUGHES: Leading up to July
13 1, they were actually sending that out like every
14 Friday. So, I don't know if they're going to gear up
15 to send it out more often or not but anybody can sign
16 up for it and it automatically comes to whatever
17 email address that you give.

18 DR. FRANCIS: I was just
19 wondering if that would be a good thing to--you know,
20 we were talking about how should pharmacists notify
21 their patients about copays or other things. Would
22 this be a good communication?

23 COMMISSIONER STECKEL: Yes.

24 MS. HUGHES: I mean, any
25 communication that you receive I think is probably

1 good communication. So, if it's something they can
2 get and not have to depend on--I mean, I try to send
3 that out to the MAC and the TACs every time I get it,
4 but, then, you're dependent upon somebody else
5 sending it on to them. So, if they can sign up for
6 it.

7 Like this time, they talked
8 about some new documents they're going to be creating
9 and putting on the website. That usually tells them
10 when they're out there, so, if there's a new document
11 or a new webinar or if they're having webinars.

12 I don't know if you noticed in
13 there, there are some webinars listed on the right-
14 hand side that you could sign up for.

15 DR. FRANCIS: I noticed after I
16 signed up for it, maybe this was just - I don't know
17 if anybody else did also - all of the categories that
18 you could pick from as far as alerts that you want
19 to. If there's ones that you would suggest that
20 pharmacists pick from, then----

21 MS. HUGHES: I signed up to
22 receive it so long ago, I don't remember all of the
23 alerts that come out. I think you get all
24 communications that comes from CHFS. So, you might
25 end up getting some stuff that doesn't impact you at

1 all, not on that particular newsletter, but I think
2 once you sign up, you might get all of the
3 notifications from CHFS; but that Pulse newsletter
4 will have most of the updates regarding Kentucky
5 HEALTH.

6 COMMISSIONER STECKEL: And now
7 that we have a Pharmacy Director, we're going to have
8 Jessin do more of the targeted outreach so that if he
9 finds out - not finds out - that sounds too random -
10 but when he knows about various things for pharmacy
11 specific, then, he would be a resource to reach out
12 and say this would be good for your members or this
13 would be good for the TAC or whatever. So, he will
14 be helping get the word out also.

15 DR. FRANCIS: Okay.

16 MS. HUGHES: Another thing that
17 Pulse usually lists is the stakeholder meetings. So,
18 if you were interested, if there's one in your area,
19 they're still having those throughout the year. They
20 have them in random areas in the state.

21 If you are not close by and you
22 want to listen in, they do Facebook Live the
23 stakeholder meetings. If you're on Facebook, you can
24 get notifications when the Cabinet goes live for
25 them. That's usually how I watch them and I usually

1 learn something new that I did not know before.

2 COMMISSIONER STECKEL: And
3 they're stored, too. So, if you miss the live
4 session, you can go back and see a recorded session.

5 MS. HUGHES: Yes, you can. I
6 know everybody is very interested in Kentucky HEALTH
7 and I think it would be beneficial to anybody to sign
8 up to receive that.

9 DR. FRANCIS: Yes. So, we
10 could help educate pharmacists on that communication
11 option.

12 MR. GLASPER: Yes.

13 DR. FRANCIS: Okay. So, we
14 will look forward to April.

15 COMMISSIONER STECKEL: And it
16 may be that we sit down with the Associations and the
17 Communication Division and see if there's not some
18 targeted efforts that we could do with you all, given
19 your hands-on with our beneficiaries.

20 MR. GLASPER: Yes, we would
21 like that.

22 MR. PALUTIS: That would be
23 extremely beneficial to really carve out specific
24 items that you really would like the providers to
25 know because everybody has a newsletter, right?

1 Everybody has information that gets sent out.

2 And I think that if there's
3 targeted things that could be done in like a bullet
4 point fashion, I can tell you pharmacists would love
5 to have that information come directly through you
6 all so that they don't have to go and hunt it down
7 the reasons why certain things are happening and it
8 would make it a lot easier to explain to patients if
9 we had the actual reasons why instead of us trying to
10 figure it out.

11 COMMISSIONER STECKEL: Okay.
12 That's a good idea. So, we'll do that.

13 And I have to admit, the
14 immunization, I don't know the answers to those.

15 DR. FRANCIS: I did receive an
16 email back from Leeta about the edits that were
17 needed in the chart, just some clinical information
18 and updates that needed to be clarified in there, but
19 she said she would work on it when I was preparing
20 this agenda.

21 I haven't heard back from her
22 since then but I'll follow up and make sure we get
23 that clarified because I haven't sent that out to
24 pharmacists statewide because there were some things
25 to me that clinically needed to be cleared up.

1 MS. HUGHES: I did talk to
2 Jessin yesterday for a few minutes and he said he has
3 looked at it himself but obviously he's been busy
4 with the Senate Bill 5 report and a lot of other
5 stuff with us not having a Pharmacy Director for a
6 little while, but he is working on it.

7 And he said if there was
8 anything else you all needed, I printed it out to
9 bring today.

10 DR. FRANCIS: I wasn't sure who
11 all was on that email response that I sent out but
12 just to let everyone in the room know. In response
13 to Dr. Liu's mandate, I guess, that MCOs cover
14 immunizations nine and above under pharmacy benefits,
15 there was a chart that DMS owns, I guess, and had
16 prepared but there were some things on it like Zostar
17 Live was on there twice instead of Zostavax and
18 Shingrix where it was recombinant. There wasn't
19 clarification with I think Twinrix, Hep A, B, Combo
20 and I listed it out. The meningococcal vaccines,
21 there wasn't a clarification between the two.

22 So, just some clinical type of
23 things that I know that our pharmacists will have
24 questions about and that was just all I had to ask to
25 clarify.

1 MS. HUGHES: He had said that
2 they just used the old format and just updated it
3 based upon the old format. So, they didn't go back
4 in and add more stuff but they are looking at it and
5 they're trying to get it ready for you.

6 DR. FRANCIS: Okay. And
7 anything I can do to help, let me know.

8 COMMISSIONER STECKEL: Perfect,
9 and that's the benefit of the TACs is helping us look
10 through these things and make sure that we're being
11 accurate and correct before we send them out to the
12 full membership. So, thank you very much.

13 DR. FRANCIS: I can even redo
14 the chart, just edit it as needed and, then,
15 everybody could say covered, not covered, whatever.
16 So, however I can help with that. I just would like
17 to get it out there because I do think that it will
18 help benefit our immunization rates.

19 COMMISSIONER STECKEL: Perfect.
20 The other thing, too, and this isn't on the agenda
21 but we are beefing up the Pharmacy Department.

22 I know this doesn't sound like
23 a lot but in addition to two pharmacists, Leeta and
24 Kasie, we're bringing on one other person, kind of a
25 high-level project manager, certified project

1 manager. So, that will be another person that will
2 be able to help us get organized in that Department.
3 It doesn't sound like a whole lot, but in state
4 government, one senior level person is pretty good.

5 So, we're excited and we're
6 thrilled with the work between our organizations and
7 what we're able to do. I know it's not fast enough,
8 it's not thorough enough but we will get there.

9 So, that's all I have, Madam
10 Chair.

11 DR. FRANCIS: And the last
12 thing was just the options and I know that Shannon
13 Stiglance had brought this up at the last meeting but
14 it is a valid option because a lot of times,
15 physician offices may not carry a certain vaccine and
16 a child less than the age of nine needs it. A
17 pharmacy carries it. In Kentucky, it is able to be
18 administered by a pharmacist at a pharmacy with a
19 prescription under the age of nine; but according to
20 our chart, it's not covered.

21 I don't know if there is a
22 prior authorization that could be put in place or
23 something that says, hey, this is via a prescription,
24 but it at least allows that option and I think it has
25 come into play recently with immunization changes for

1 school and Hepatitis A.

2 COMMISSIONER STECKEL: Okay.

3 Let me get with Jessin about that.

4 DR. FRANCIS: Okay.

5 COMMISSIONER STECKEL: And we

6 did lift the PA on twenty - I keep getting this wrong

7 - twenty-four or twenty-six milligrams of

8 Buprenorphine.

9 MS. HUGHES: I think it's

10 twenty-four.

11 DR. FRANCIS: Twenty-four.

12 COMMISSIONER STECKEL: I think

13 so, too. I've been corrected a couple of times. You

14 should have gotten notification about that. I know

15 the health plans have.

16 And lots and lots going on with

17 the Legislature. We added up all the bills two weeks

18 ago that affect Medicaid and it's \$1.4 billion

19 unbudgeted. They have since started taking things

20 off the agenda and we're down to a little under \$800

21 million unbudgeted. So, if anyone thinks that we're

22 going to have a fun budget year next year, I would

23 remind you of that number.

24 DR. FRANCIS: Okay. Just for

25 you, I think April Cox from Aetna came in to the

1 room, Director of Pharmacy for Aetna, and, then, Joe
2 Vennari from Humana-CareSource.

3 COMMISSIONER STECKEL: So, any
4 questions or anything else?

5 DR. FRANCIS: I think we got at
6 least two take-aways for KPhA. Thank you, Mark, and
7 we'll work on that. Of course, to me, that's a high
8 priority is Senate Bill 5 and helping you understand
9 that because it affects our businesses, our
10 pharmacists, our patients and the ability to move
11 forward with improving patient outcomes from there.

12 So, the sooner we can figure
13 that out, the better I think for all of us.

14 Let's go around with the MCOs
15 if there's anything. Aetna, April, if you're ready.

16 DR. COX: So, we went live with
17 the PA removal for Buprenorphine officially effective
18 February 26th but we did backdate to coincide with
19 the State recommendation, so, we are live with that.

20 We are wrapping up the FPL
21 indicator with our PBM. They're completing coding
22 expected by mid-March. So, I would say maybe third,
23 early fourth week of March, we should have that
24 completed as well.

25 I think at our last TAC

1 meeting, I mentioned that we had just started with
2 the CPESN Pharmacy Network and that's going extremely
3 well. We went live with them on January 1st. We
4 have six pharmacies in Western Kentucky they we're
5 partnered with to provide care management and care
6 plans for some of their members.

7 So, we identify the members and
8 send those members to the pharmacies and they do
9 outreach, face-to-face consultations. These
10 pharmacies actually also deliver medications to the
11 member's home. And, so, they're also able to
12 identify any areas where the member may need
13 assistance with transportation, food, anything like
14 that. So, it goes outside of pharmacy to cover the
15 patient as a whole.

16 We've had some great success
17 stories already just in the first two months of the
18 life of this program. So, I'm really excited about
19 it.

20 DR. FRANCIS: On your second
21 point, this is just probably my lack of knowledge,
22 what is FPO indicator?

23 DR. COX: The Federal Poverty
24 Level----

25 DR. FRANCIS: Okay, FPL.

1 DR. COX: ----so that
2 pharmacies will be able to know if a member or a
3 patient is at, above or below and then that goes to
4 the whole whether or not you can waive a copay on
5 those members.

6 DR. FRANCIS: Okay.

7 COMMISSIONER STECKEL: You
8 can't waive a copay. You have to absorb the copay or
9 you could turn the patient away.

10 DR. FRANCIS: It depends on the
11 FPL level.

12 COMMISSIONER STECKEL: If
13 they're over 100% of the Federal Poverty Level, you
14 can make a decision to provide that service or not if
15 they refuse to pay the copay. If it's under 100%,
16 you have to provide that service.

17 DR. VENNARI: It's 100 or
18 below, correct?

19 COMMISSIONER STECKEL: Correct.

20 DR. VENNARI: So, 100 or below,
21 you cannot deny the service. It's like less than or
22 equal to.

23 COMMISSIONER STECKEL: Yes. I
24 love statisticians.

25 DR. FRANCIS: That is helpful

1 to our pharmacists. I know that happens a lot and
2 how are they supposed to know what the patient's
3 income is. So, if there is something so that they
4 can make that decision offhand and have a clinical
5 judgment probably, too, if this is something
6 necessary, of course.

7 DR. ROGERS: Suzi, if I could
8 ask. What would be helpful for pharmacists to
9 understand that? So, we're going to be sending over
10 an indicator that will tell you whether they're at or
11 below or below; but if you see that, what additional
12 information do you think would be helpful?

13 DR. FRANCIS: I think just that
14 exact wording almost. I don't know what your
15 indicator looks like.

16 DR. VENNARI: It will come
17 across in the text field.

18 DR. FRANCIS: Like the edit?

19 DR. VENNARI: It will come
20 across in like a message field.

21 DR. FRANCIS: Like the
22 adjudication edit?

23 DR. VENNARI: Right, but we
24 still have to send a copay. The copay will still be
25 there. So, it will come across on the text field.

1 So, you have to look in your messages.

2 DR. FRANCIS: So, it might say

3 \$2 and, then, right under that say patient is----

4 DR. VENNARI: Patient is at or

5 below 100 FPL or over 100, yes.

6 DR. ROGERS: Because we have

7 limited characters for the messaging----

8 DR. VENNARI: Yes, like forty.

9 DR. ROGERS: ----but we want to

10 make sure we provide messaging that's clear for you

11 to know what action to take.

12 DR. FRANCIS: I think we could

13 communicate out what that means and that it would

14 come across in a text format with the copay. If

15 there's only forty characters or so, less than or

16 equal to Federal Poverty Level or greater than and,

17 then, we could educate on that. Of course, it would

18 be wonderful to say greater than Federal Poverty

19 Level, must collect copay.

20 COMMISSIONER STECKEL: Well,

21 you must collect the copay, period. Now, the

22 difference is if they refuse to pay the copay, then,

23 it's if you're 100% or below----

24 DR. FRANCIS: You must provide

25 the service.

1 COMMISSIONER STECKEL: ----you
2 must provide the service and absorb the copay. If
3 it's over 100%, then, you can refuse to provide the
4 service.

5 DR. FRANCIS: And that's gut-
6 wrenching for our pharmacists a lot of times. I've
7 been in that situation myself and you're talking
8 about \$2 or \$4 but it happens a lot and you don't
9 want to break any law or anything. So, I think
10 anything we can do to take that off of a pharmacist
11 or explain that better would be very helpful.

12 DR. VENNARI: The message
13 that's going to come across that we have set up is
14 member is at or below 100% FPL.

15 COMMISSIONER STECKEL: Which
16 means you have to provide the service.

17 MR. PALUTIS: Is there a way to
18 have standardization across the MCOs so it says the
19 same thing?

20 My concern also is you might
21 send it out a certain way. How does that translate
22 through NCPDP and then up in the pharmacy's
23 software's computer system and what does that message
24 say because we all know that sometimes it doesn't
25 always--it depends on the pharmacy's providers and

1 the way you intend it when you send it out.

2 DR. ROGERS: That's my concern
3 as well, yes.

4 DR. VENNARI: From what I
5 understand is on the Kroger system, from what I
6 understand is the message doesn't come back on the
7 field, on the front field. They have to go into a
8 back door. In fact, they would have to go to another
9 screen to actually see the messaging.

10 So, that is something that they
11 will have to call the vendor with and move that
12 forward or move some sort of indicator forward or
13 they will have to do that for every Medicaid patient
14 is to check that additional page.

15 DR. FRANCIS: Right, right, or
16 if it's below the FPL, then, they could have some
17 kind of hard stop in their electronic computer system
18 or something that would be labeled.

19
20 DR. VENNARI: Well, it would
21 have to read the message, though, in order to--it
22 would have to read a text field in order for that to
23 happen. So, that's a lot more complicated logic, I
24 would think, if you want to build a hard stop on that
25 end.

1 I think it would be easier to
2 kind of move that message to your front screen and
3 have like a marque or something for you. Do you know
4 what I mean? That would be an easier fix than having
5 it scan every message field and hard stop it.

6 DR. COX: My previous
7 experience is with Walgreens, so, I know how their
8 system works, but like if there's a messaging for
9 Kroger and it says prior authorization required, is
10 that on the front or do they have to go looking for
11 that, too?

12 DR. FRANCIS: That would stop
13 them and it wouldn't adjudicate the claim.

14 DR. VENNARI: That's hard-
15 coded.

16 DR. FRANCIS: But this would go
17 through regardless with a \$2 copay and, then, you
18 would go searching for it. It's just like if a
19 patient questions a deductible or something, you
20 would have to go back.

21 DR. COX: What about the soft
22 edits that are over-rideable at point-of-sale?

23 DR. FRANCIS: Sometimes they'll
24 stop and, then, you would provide an override ability
25 or so, but I don't know that you would want to get a

1 soft edit for every Medicaid prescription.

2 MR. PALUTIS: I think I have a
3 feeling. It depends on the software provider because
4 you could get a paid claim and still get the message
5 from the PBM or the MCO or whoever is the originator
6 of that message and it comes up in the paid claim and
7 you can read it and, then, there's other messages
8 that come up below it and, then, there's a screen
9 that you go into behind it. Some even send you what
10 their annual deductible is and you can find that
11 information. You have to go hunt for it but----

12 DR. FRANCIS: It's different.

13 MR. PALUTIS: I think
14 everybody's systems work differently and how that
15 communicates down is going to be a challenge as to
16 what system you ultimately have.

17 MS. HUGHES: Does the
18 pharmacist have access to KYHEALTH.Net?

19 DR. VENNARI: They do from what
20 I understand. Do they have MMIS, too? I think the
21 reason why we went down this route is because it's
22 just too clumsy to ask the pharmacist to go in and
23 look every single time.

24 MS. HUGHES: Okay.

25 MS. MILLER: It is. It's very

1 hard to navigate that site. I get on it a lot. It's
2 very hard.

3 DR. VENNARI: They'll spend too
4 much time doing that. So, at least if we can get the
5 message out to them, so, all they need to do is - all
6 they need to do - is get that message to come to the
7 forefront. And, so, they have to probably work with
8 their vendor or whoever to make that happen if it
9 doesn't already come back on your return screen as it
10 is now.

11 DR. ROGERS: And I know we're
12 all probably going to be working on communications
13 around this and I appreciate your comment. Maybe
14 something we can collectively look at is how we make
15 it more user-friendly.

16 DR. VENNARI: It really should
17 be a standardized message, I think.

18 MR. PALUTIS: And if it's
19 standardized, then, we could help get the word out by
20 saying, look, you're going to see this message
21 somewhere in your adjudication screen. Find it
22 because it should be there----

23 DR. FRANCIS: Or even what it
24 means.

25 MR. PALUTIS: ---and here's

1 what it means. And if we could all agree to have the
2 same message, it's easier to disseminate out to the
3 providers that says find this message and here's what
4 it means.

5 DR. FRANCIS: And that would be
6 something the MCOs could do. It would be very
7 helpful to do. I believe step one is having that
8 standard message, something we can educate out and,
9 then, step two is how to make it user-friendly.

10 MS. HUGHES: I'll let Jessin
11 know to see if he can work with the MCOs and PBM's to
12 get a standard message.

13 DR. ROGERS: I have reached out
14 to Jessin to ask what they were using so that perhaps
15 we could model that but I know he's looking into
16 that.

17 DR. FRANCIS: Great. Okay.
18 So, I think Anthem.

19 DR. RUDD: I basically echo
20 everything that Aetna had to say. We removed the PA
21 on Suboxone, Buprenorphine products on the 15th, and
22 those claims have been processing without PA. I
23 haven't been notified of any problems with that. So,
24 that's really the only thing that I have.

25 DR. FRANCIS: And is that

1 greater than twenty-four milligrams for all length of
2 time or all Buprenorphine or educate me on that?

3 DR. RUDD: So, it's each MCO's
4 preferred product. So, for Anthem, it's the generic
5 tablet product. And, so, it's up to twenty-four
6 milligrams without prior authorization.

7 DR. FRANCIS: Okay.

8 MR. PALUTIS: But I think
9 you're asking for is there a time for----

10 DR. FRANCIS: Is there a
11 thirty-day supply, less than twenty-four----

12 MR. PALUTIS: Like, could
13 somebody get a ninety-day supply?

14 DR. ROGERS: No. It's the
15 standard benefit supply, so, thirty days, thirty-one
16 days.

17 DR. FRANCIS: And we still have
18 the fourteen-day emergency supply.

19 DR. ROGERS: For pregnancy.
20 So, those ICD-10 codes will allow the mono product to
21 go through.

22 DR. FRANCIS: Okay. So, less
23 than or equal to twenty-four milligrams per day
24 without a PA, okay, and, then, standard for
25 pregnancy, mono products. Anything else?

1 DR. RUDD: No.

2 DR. FRANCIS: Joe?

3 DR. VENNARI: Again, echoing

4 the same statements that these folks have said except

5 that the twenty-four milligram would be--I mean, we

6 have the fourteen-day that's already in but the

7 twenty-four milligram should be by the end of this

8 week, if not already.

9 DR. FRANCIS: Okay. Passport.

10 DR. ARMSTRONG: Same thing.

11 We've got the coding in for our preferred product

12 which is the Buprenorphine/Naloxone tabs up to

13 twenty-four milligrams, and we still have the bridge

14 coding piece for the mono product for pregnancy.

15 DR. FRANCIS: So, if they do

16 get a PA, it might just not be the preferred product

17 like the films or something.

18 DR. ARMSTRONG: Correct. We

19 still have the prior auth on the non-preferred

20 products.

21 DR. FRANCIS: Has all of this

22 been sent out in some way already to pharmacies that

23 we could reiterate?

24 DR. ROGERS: It happened so

25 fast that we were trying to get the coding together.

1 DR. RUDD: There was message
2 that was sent for approval for prescriber
3 notification but I don't think anything was sent out
4 to pharmacy.

5 MR. PALUTIS: Well, I can tell
6 you the pharmacists would love just filling a claim
7 and not having it reject.

8 DR. FRANCIS: I think they're
9 going to know----

10 MR. PALUTIS: They're going to
11 figure some things out.

12 DR. FRANCIS: ----but at least
13 we can say standard MCO wide, it should be less than
14 or equal to twenty-four milligrams per day of
15 preferred product. So, if they go searching for a
16 PA, it might not be a PA they need. They just need
17 to actually switch the product.

18 DR. ROGERS: Right. That's a
19 great point there because I think there may be some
20 confusion on what the preferred products are.

21 DR. FRANCIS: And really that's
22 important for delayed treatment.

23 MR. PALUTIS: That's something,
24 Mark, we need to send that out. Does every MCO have
25 the same preferred is L tabs. Does anyone prefer the

1 films? And I know the films now are in generic.

2 DR. ROGERS: No. Generic----

3 MR. PALUTIS: Just all tabs.

4 That should make it easier.

5 COMMISSIONER STECKEL: And this
6 was a case where we actually were able to do
7 something quickly. We talked to a physician at a UK
8 clinic that testified about 100 pages of information
9 she had to send in to our lovely MCOs for a PA.

10 And, so, when we talked to her
11 and walked through what all was happening and then
12 talked to Dr. Liu, we literally made the decision
13 that day.

14 And, so, when the MCOs say that
15 they're trying to get--I mean, it caught everybody by
16 surprise but we were able to get it done.

17 DR. FRANCIS: That is great
18 because we don't realize the downstream effects that
19 that has. Only 20% of people are able to get off
20 that in treatment and function, but they can live
21 functionable lives on treatment with that and a lot
22 of medication-assisted times, and, so, removing that
23 red tape really helps a lot.

24 I know it's expensive. I know
25 that there's warnings of abuse, but in most cases,

1 that's what you need for treatment.

2 COMMISSIONER STECKEL: And as
3 you can imagine or maybe not because you're not
4 familiar with the Medicaid Program, but we're very
5 cynical. So, we've already fired up our Program
6 Integrity to start watching the data. And if we
7 start seeing anomalies in the data, then, we'll start
8 doing some investigations.

9 MR. PALUTIS: If the claims go
10 up by 25%.

11 COMMISSIONER STECKEL: In one
12 area, right, exactly. You got it.

13 DR. FRANCIS: Okay. Thank you
14 for that. WellCare, anything?

15 DR. ROGERS: Oh, gosh, I don't
16 have anything to add. Everything everyone has said.

17 DR. FRANCIS: PTAC members,
18 anything?

19 MS. GRAY: No.

20 MS. MILLER: No.

21 DR. FRANCIS: Let's move on if
22 we didn't have anything back there because I know I
23 have something later on it.

24 Following up on previous agenda
25 items, so, potential pilot programs to improve

1 outcomes. April had kind of mentioned this. I'd
2 like to learn more about results, more about the
3 program details and then potential results just so we
4 can all understand how we're working to actually
5 effect patient outcomes through one of the MCOs.

6 So, I don't know when a good
7 time might be for that, at our next meeting, if you
8 might have anything to share then.

9 DR. COX: At least give me
10 because we're slowly collecting data because we just
11 started in January.

12 DR. FRANCIS: Okay.

13 DR. COX: If you could give me
14 until maybe at some point during the second quarter,
15 I think I would have some data to share. That would
16 be helpful.

17 DR. FRANCIS: And our next
18 meeting would be May. And even if there's just
19 some----

20 DR. COX: I may have some
21 preliminary that I could share.

22 DR. FRANCIS: Maybe not even
23 results but just how the program is structured would
24 be helpful.

25 DR. COX: Definitely. And I

1 can give a little information on it now if you want.

2 So, basically, with our six
3 pharmacies that we have, two of them are actually the
4 same pharmacy. They just have two locations. So,
5 technically it's five.

6 When we identify the members,
7 we're looking at their pharmacy claims obviously.
8 So, we're looking at polypharmacy, so, members that
9 are on multiple medications.

10 The goal of the program is not
11 necessarily de-prescribing. I know that's a big
12 initiative now, getting people off medication. That
13 could be the case for a particular person, but it's
14 also identifying care gaps.

15 So, this person may be on eight
16 medications but do they have a controller medication
17 for their asthma; are they on a statin since they
18 have diabetes, those types of things. So, we're also
19 looking at care gaps.

20 So, the pharmacists are
21 providing complete medication histories on the
22 member. They are identifying these care gaps if they
23 exist. They're looking at their immunizations,
24 making recommendations if they need to get their
25 shingles vaccine or their pneumonia vaccine.

1 They're contacting the
2 prescriber with the recommendations and saying
3 Prescriber X, this patient has not been filling their
4 statin for "x" amount of time. Do we need to get
5 labs ordered? I can take care of that in my
6 pharmacy, you know, whatever they can do to help
7 assist the medical provider.

8 So, they are providing this
9 care plan with all the information to us with what
10 they found, whether it's polypharmacy, missing
11 medications, social determinants of health that need
12 to be addressed. They're providing all that
13 information to us.

14 So, we have myself, I now have
15 a clinical pharmacist at my plan as well and, then,
16 our case managers are partnering all together. So,
17 the reports come in to the case manager. We have one
18 assigned at our plan. She reviews them all.

19 They can refer members to case
20 management. They can say we feel this member would
21 be a good person for case management for "x" reason.
22 And, so, she will take that and take initiative to
23 outreach to the member and identify or work with them
24 on whatever issues they have that we can resolve at
25 plan level.

1 From the store level option,
2 they're making their recommendations to the provider.
3 Then they will send another care plan in once the
4 provider responds to let us know if, yes, the doctor
5 agreed with our recommendation, no, they didn't and
6 what changes were made or if any changes were made at
7 all.

8 From my perspective, from a
9 pharmacy operations' perspective, for example, we had
10 a member that was on a Humalog insulin. So, we
11 recently moved our preferred insulin to Admelog and
12 notified our members and providers as we are supposed
13 to, but this particular member is visually-impaired.

14 And, so, he was having a hard
15 time drawing up his insulin from his vial and his
16 blood sugars were all over the place. So, initially,
17 it looked like he just possibly wasn't taking his
18 medication but that actually wasn't the case. He was
19 taking it. He was drawing up the dose incorrectly.

20 So, we have weekly meetings
21 with the CPESN group to review the care plans. So,
22 when this particular care plan was being reviewed,
23 they were talking about the insulin. Well, the first
24 thing that came to mind, oh, we need to get him
25 switched because his insulin is no longer going to be

1 on Formulary. I don't want him to go without the
2 medication. We took care of that immediately. But
3 when they brought up the whole visual impairment, I
4 knew he was going to need a pen and that would
5 possibly help with his insulin dosing.

6 So, I went ahead and provided
7 an authorization for him. The provider was able to
8 bypass the PA and process completely, got that
9 override in the same day. The member was able to get
10 his pen and now we're waiting on a care plan to come
11 back to let us know if his blood sugars are looking a
12 little bit better, if this was helpful to him or not.

13 So, that's just a quick example
14 of what we're seeing. And from a plan perspective or
15 even from a case management perspective, some of
16 these things you can't see.

17 And having personally been a
18 retail pharmacist, members trust their pharmacist and
19 the pharmacist at the store level, you're the first
20 person they see. They're going to come to you more
21 than they go to their doctor. So, you can see things
22 that we as an MCO may not be able to see.

23 We've even had a member where
24 they were already in case management and some of the
25 questions that were asked by the case manager, their

1 response was, no, no issues there, no issues there,
2 no issues there.

3 When the delivery driver went
4 in to the home, actually most of those answers were
5 yes, yes, yes, yes. We had no idea because they have
6 a relationship with their pharmacy. There's that
7 trust there; whereas, with a case manager, possibly
8 they didn't feel as comfortable. So, they were able
9 to report that back to us in a care plan.

10 And, so, we are also developing
11 care packages that we can send out to the pharmacies
12 to be delivered to the members when their medication
13 is delivered.

14 So, we're working with them to
15 identify different items we can put in these care
16 packages. So, it can be toiletries, food, scarves,
17 hats, gloves, whatever they may identify that this
18 member may need. So, we're developing care packages
19 that they can use.

20 So, again, it goes outside of
21 just drugs and pharmacy. We're just trying to look
22 at the member holistically.

23 DR. FRANCIS: That's great and
24 I'm so happy to hear you say that there's things that
25 you--we're all pharmacists, right, and we know that

1 there's things that you just can't capture with a
2 phone call from a central pharmacist that someone
3 face-to-face catches.

4 So, my, then, initial question
5 is how do you turn back because that takes time on
6 that pharmacist and, then, how do you turn back in
7 and the improved outcomes you have on that patient,
8 how is that pharmacist compensated?

9 DR. COX: So, we do have a
10 contract and they are being reimbursed. We have a
11 contract with CPESN. And, so, the way we have it set
12 up, we are doing monthly invoices based on care plans
13 and they are compensated for joining the program and
14 then per member that they see.

15 DR. FRANCIS: Is it based on
16 member risk level or anything or is it just per
17 member?

18 DR. COX: It's a flat fee. Per
19 member per month.

20 MS. MILLER: I'm a member of
21 the CPESN organization and we're piloting a smoking
22 cessation project in Northern Kentucky, and I'd love
23 to have some of the MCOs that want to hear about it
24 trying to develop a relationship so we can be paid
25 for counseling for smoking cessation.

1 I think that's part of the
2 requirements in Kentucky but we don't have the
3 mechanism to bill for it. So, if anyone is able to
4 give me any feedback from the MCO side about how we
5 can apply to be reimbursed. This is a pilot with the
6 Health Department in Northern Kentucky trying to
7 reduce smoking rates in Covington which their rates
8 are about 38%.

9 MS. COX: And that's one of the
10 things I know we've been talking back and forth that
11 doesn't exist right now on how to bill for something
12 like that from a pharmacy perspective. So, we do
13 have discussions going on at our plan to try to
14 identify how we can make this happen.

15 MS. MILLER: And it's slow.

16 MS. COX: And it's slow but
17 discussions are occurring.

18 DR. FRANCIS: So, that leads me
19 to my next couple of bullet points here.

20 MR. PALUTIS: Suzi, could I ask
21 just a couple of questions?

22 DR. FRANCIS: Yes.

23 MR. PALUTIS: I'm really happy
24 to hear that that's happening, and these are just
25 operational questions.

1 From an operational standpoint,
2 do you all provide a platform for the pharmacy to go
3 in? For example, does the pharmacy go in and if you
4 select Patient A that you want to put on the program,
5 does the pharmacy have the ability to tap into your
6 system to automatically know if they're a
7 polypharmacy patient or is everything still all
8 manual?

9 DR. COX: Yes. So, that's why
10 we're identifying the members for them since I have
11 all of their pharmacy claims that have been processed
12 through the PBM. So, that's part of the reason why
13 we're identifying the members for them.

14 So, we're looking specifically
15 at their pharmacies, members that meet ABC criteria.
16 And, again, we have one case manager, two
17 pharmacists that are working on this internally at
18 our plan.

19 And, so, we're trying to start
20 off kind of small with these six pharmacies. So,
21 initially, we sent each pharmacy five to six members
22 to look at and we are developing the process of how
23 long we'll keep these cases open.

24 We're currently looking at the
25 second group of members to send them but we're trying

1 to keep it small at this point because they can't tap
2 into our database. So, it's manual on our end and
3 then we have to send it to them.

4 MS. HUGHES: Can I ask a stupid
5 question? What is polypharmacy?

6 MR. PALUTIS: It's when a
7 patient goes to multiple pharmacies instead of just
8 one.

9 DR. FRANCIS: Or is on multiple
10 medications, too. There's a couple of different
11 terms. Typically when a provider talks in that way,
12 it's usually that they're on multiple amounts of
13 meds. Pharmacists I think are trained in the
14 multiple kind of pharmacy----

15 MS. HUGHES: I kind of thought
16 that was what it was.

17 MR. PALUTIS: You know what
18 would be good is when you came back and shared all
19 the data, maybe bring one of the pharmacists so that
20 they can talk about----

21 DR. FRANCIS: Their experience
22 with the program, absolutely. That's a great point.

23 DR. VENNARI: Are you looking
24 at diagnosis and how many scripts they have, like a
25 set number, like ten or more or eight or more?

1 DR. COX: So, I believe they're
2 looking at I want to say ten is what we're looking at
3 right now and, of course, it's evolving. So, if we
4 start noticing, well, actually, we don't have as many
5 people as we thought that go to your pharmacies with
6 ten or more, then, we would lower it down a little
7 bit.

8 So, we're kind of just playing
9 around with it right now trying to get our bearings,
10 but I think that number right now is ten.

11 DR. FRANCIS: That's probably
12 good. Most literature shows eight to twelve scripts.

13 DR. BETZ: April, how are your
14 pharmacists contacting the providers? Are they
15 actually calling them?

16 DR. COX: So, it can be
17 whatever point of method they choose. So, some will
18 fax. Some will call and leave a message.

19 DR. BETZ: It would be
20 interesting in your project if you're not already
21 looking at it to look at the means of contact in
22 terms of your level of success.

23 As somebody who is married to a
24 family physician, the amount of faxes that come
25 through on a daily basis and probably who that

1 trickles down to as opposed to a phone call to the
2 provider, although obviously it's going to take more
3 time to track them down. It would just be
4 interesting to kind of look and see if you have a
5 different percentage response rate from one versus
6 the other.

7 MS. MILLER: The platforms,
8 they're trying to provide for direct secure
9 messaging. And I've talked with Suzi about that,
10 like how the physician or provider has to be able to
11 receive it as well and where does it go in their
12 electronic health record but that's being built on
13 the pharmacy platform side.

14 DR. FRANCIS: We're talking
15 about trying to get at how could it come up directly
16 in Epic like in a message where the provider is more
17 likely to take it serious.

18 As of right now, I tend to
19 intercept a lot of those and to explain it to the
20 provider this isn't just some random fax you're
21 receiving. This is a true patient care need. That's
22 a big need.

23 DR. BETZ: I think with an
24 Epic, it will work out really well.

25 DR. FRANCIS: All great things.

1 When we talk at first level, it's great and, then,
2 there are always barriers to work out as you go down.
3 So, I'm sure that I've encountered most of those
4 barriers in my work somewhere along the way. So,
5 we'd love to discuss it here.

6 And what I was getting ready to
7 say is that's why I requested a meeting with you,
8 too, is in addition to our work here, in your request
9 for the Pharmacy TAC to help improve outcomes from a
10 pharmacist's perspective for members, we're also
11 working as a state organization through KPhA, for
12 lack of a better word, a provider status workgroup
13 but it's really as how can we work out a work flow
14 mechanism to compensate pharmacists for these types
15 of things but yet drive patient outcome improvement.

16 So, like we said, in the end,
17 it would be cost beneficial or cost neutral, but we
18 want to develop some programs and this is one type of
19 avenue; but we didn't want to start with something
20 that wasn't important to the State, I guess.

21 So, we wanted to align our
22 missions with what are the top things that the State
23 is looking at? Is it reducing Alc for diabetics? Is
24 it tobacco cessation? Is it obesity? I don't know
25 what it might be - heart disease, COPD.

1 But if there are certain things
2 that the State is working on, I wanted to kind of
3 know that and, then, we could potentially put into
4 place some workgroups and bring that back I think to
5 the Pharmacy TAC and look at more things like what
6 April is speaking about.

7 COMMISSIONER STECKEL: And that
8 would be good because we're redoing our statewide
9 quality plan in conjunction with our RFP for the
10 MCOs.

11 And one of the things that we
12 want to do is instead of the rifle shot of fifty
13 different quality measures, we want to focus on four
14 or five quality measures for the next three years,
15 with the idea that if all of us, both the fee-for-
16 service, all of the managed care organizations, all
17 the providers, everyone was focused on these five
18 things, can we move the needle and can we actually,
19 in fact, see outcomes that we're hoping to achieve?

20 And, so, we're working on that,
21 Dr. Liu and Angie Parker with the MCO office. So,
22 I'll have them there, too, and we can talk some more
23 about it.

24 DR. FRANCIS: Yes. And I've
25 brought this to this group for at least a year now

1 probably, but I know it's hard from the MCO
2 standpoint as to what are we allowed to do, what can
3 we do; but if we could really think about what we
4 want from the DMS Corps and then build some things
5 together from there, I think that would be great.

6 But recognizing our first-hand
7 people are also undergoing such severe labor cuts
8 because of the DIRB's, generic effective rate,
9 everything we just talked about, how can we at least
10 try to show some improvement to say, hey, investment
11 is important? So, I think that was my point there.

12 Does anybody else have anything
13 on that? And I'm working with Donna on a good time
14 for that meeting.

15 Any other New Business? One
16 thing I just kind of have is just operational with
17 the Pharmacy TAC meetings.

18 I know that you said you wanted
19 to have them all here at the Cabinet. I want to make
20 sure that it's easy and communicated well. Mark
21 helped us in the past making sure that everyone was
22 updated, had calendar invites and knew well in
23 advance of when the Pharmacy TAC meetings were.

24 We're all learning as this is
25 transition. This is the first one here and there was

1 some that weren't aware until the last minute.

2 So, I had sent the TAC members
3 just my own invite but I don't know if there's better
4 communication ways or just ways that we can
5 understand that this is where we look for them. I
6 know that you said that they're posted on the
7 website.

8 MS. HUGHES: Right. And I
9 think the MCOs were all told in January that they
10 needed to watch the website for the TAC meetings,
11 that we were not going to be notifying the MCOs of
12 all the TAC's and meeting changes or times and so
13 forth, that they're all posted out there.

14 So, if they didn't know about
15 it, then, they just didn't look at the website to
16 see. My goal - I'm trying to get all these TACs
17 organized - is to put me on a calendar reminder for
18 myself. I want to try to send out a meeting notice
19 week in advance to the TAC members. That's what I do
20 for the MAC. Like a week before the MAC, I'll say,
21 hey, guys, don't forget, we've got a MAC meeting
22 coming up. So, I want to do the same with the TACs
23 and just to let the members know to remind them.

24 If you all want me to send
25 them----

1 COMMISSIONER STECKEL: No. No.
2 Our responsibility is to invite the TAC and to make
3 sure the TAC knows about it. That's it.
4 MS. HUGHES: And I'm not sure
5 that my Outlook notice, depending on what calendars
6 you all use, would even allow it to show up on your
7 calendars.
8 DR. FRANCIS: I guess you and I
9 would work together as we have and I can communicate
10 that out. Is that a problem?
11 MS. HUGHES: No.
12 DR. FRANCIS: If your calendar
13 is like mine, it fills up a few months in advance.
14 And, so, I like to make sure that I have that time
15 blocked ahead of time.
16 COMMISSIONER STECKEL: And our
17 meetings are scheduled for the year. So, the MCOs
18 can look at the website, figure out when the meetings
19 are and know that they're going to be here.
20 DR. FRANCIS: And if there's
21 any changes, Sharley and I will communicate.
22 MS. HUGHES: If we change our
23 room or something, yes, we will communicate that out.
24 If there's some reason that at the last minute, for
25 instance, if we had gotten up this morning and there

1 had been ten inches of snow and we didn't want to
2 travel, I would have communicated that out to the
3 MCOs and to you all as well that the TAC meeting had
4 been cancelled; but other than that, they should
5 check.

6 And I think I sent even the
7 calendar out to all the TAC members and the MAC
8 members that has every TAC and every MAC meeting
9 listed.

10 COMMISSIONER STECKEL: And I
11 don't mean to be rude, but there are fourteen TACs
12 and one MAC and we don't have the resources. So, you
13 can decide whether you want us to work on TACs or SB
14 5 stuff. I don't mean to be rude but----

15 DR. FRANCIS: I just want to
16 make sure that we're clear on the expectations. Like
17 I said, it's just a time of transition and we were
18 used to doing it in a certain way.

19 I did take the calendar from
20 last time. If you don't mind just re-sending me the
21 most up-to-date version and I can make sure because I
22 think I had the MAC on the 21st as opposed to the
23 28th and, then, we'll know exactly where to look for
24 the meetings on the website.

25 I'm happy to continue sending

1 meeting invites if that helps you all.

2 MS. HUGHES: And just for the
3 MCO and for you all - I think I probably mentioned
4 this last time - we do have a website set up for each
5 of the TACs. So, if you're only interested in
6 attending the Pharmacy TAC, all you have to do is go
7 to the Pharmacy TAC website and that gives you all
8 the meetings, the times, the location and everything
9 right there. It's current and up to date.

10 It's got the TAC members. We're
11 going to start putting the agendas out there. Now we
12 will put the January minutes out there since they
13 have been approved now. And if there's a change, we
14 usually put it across the top in big bold letters,
15 meeting is cancelled or what-have-you so you will
16 know in advance where to come. You also have your own
17 website that you can look at for information that we
18 have here from the meeting also.

19 DR. FRANCIS: Okay. That's
20 great. And, then, how do the minutes from today come
21 to us to review?

22 MS. HUGHES: I'll send them to
23 you. Terri is very fast. She normally gets them to
24 us within a week to ten days. I don't know how she
25 does them so quick, especially when we have so many

1 this month. And as soon as she sends them to me, I
2 will send them out to the TAC members for them to
3 review. And, then, at the next meeting, you can
4 approve them.

5 DR. FRANCIS: Okay. One thing
6 I would want to also know is if we can have a phone
7 conference line set up ahead of time and maybe have
8 that posted or whatever also.

9 MS. HUGHES: I will try my
10 best. I'm sorry. I just thought the phone worked.

11 DR. FRANCIS: That's okay.

12 MS. HUGHES: I will have our IT
13 folks look at it.

14 DR. FRANCIS: Okay. One
15 internal Pharmacy TAC thing that we need to do is we
16 did have two members that needed to be nominated.
17 Paula's term and Rob's term had come to a close, and
18 KPhA nominates the members.

19 And, so, KPhA does have a Board
20 meeting on March 14th and will work to nominate the
21 two members. It may be Paula and Rob again, I don't
22 know, and the KPhA Board will work on that and that
23 will be announced after the 14th.

24 Mark, anything in addition that
25 I forgot there?

1 MR. CLASPER: No. You're good.
2 DR. FRANCIS: Okay. So,
3 Sharley, the next MAC meeting is the 28th.
4 MS. HUGHES: The 28th at 10:00.
5 The Session is still going on, so, there is a
6 possibility we could be booted out of that room
7 because LRC takes precedence. And, so, we will
8 notify everybody if something changes.
9 We've never been booted out
10 except for one time in all the times I've been
11 working with the MAC.
12 DR. FRANCIS: Are those meeting
13 dates aligned with what you have for May, the next
14 Pharmacy TAC, May 21st so, at least we can all pencil
15 it in here? That's what I had on the calendar.
16 MS. HUGHES: May 21st from 9:30
17 to 11:30 here in this room.
18 DR. FRANCIS: And the next MAC
19 meeting is May 23rd?
20 MS. HUGHES: The fourth
21 Thursday. The 23rd, yes. The easy way on the MAC is
22 that it is always the fourth Thursday except for
23 November because the fourth Thursday is Thanksgiving.
24 We have it on the third.
25 DR. FRANCIS: Okay. Is there

1 anything else I forgot today that we needed to cover?
2 I don't think we have any recommendations, but if we
3 could look at those minutes. I don't know if you
4 would like for me to give an update at the MAC
5 meeting on the 28th. I don't think we have any
6 formal recommendations.

7 MS. HUGHES: I also send the
8 TAC minutes to the MAC ahead of time. If you're
9 there and you want to present and just give a quick
10 update. You certainly have the right to come. Each
11 TAC has the opportunity to present, even if there's
12 no recommendations, to present a little bit of what's
13 going on in the pharmacy world.

14 DR. FRANCIS: And if schedules
15 wouldn't allow us to have a member there, they would
16 still have the minutes ahead of time that the MAC
17 members would review.

18 MS. HUGHES: Right. And if
19 there was anything in particular that you wanted to
20 make sure the MAC members were aware of and you could
21 not come, if you email that to me, I can give it to
22 the Chair and she can read it to the MAC members or I
23 can just say the Pharmacy TAC representative is not
24 able to be here today and she wanted me to let you
25 all know this and I could read it for you.

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Now, I don't want to read the
whole minutes.

DR. FRANCIS: I understand.
Okay. I think we can adjourn early, then.

MS. MILLER: So moved.

DR. BETZ: Second.

DR. FRANCIS: We are adjourned.

MEETING ADJOURNED